



Year 3/4 Pentathlon– Monday 14th June 2021

Program and Duration

Pentathlon 2021 will be held during last session Friday 11th June (800m) and for the full day Monday 14th June.

Age Championship and House Championship

Students will have the option of competing for the Age Championship (Competitive) or House Championship (Participation).

Age Championship

Students compete to accumulate points for each event (Long Jump, Shot Put, High Jump and Sprints). They will be awarded points depending on the distance thrown, height/ length jumped and elapsed time in sprints. The highest amount of points for each event is 21. The allocation of points is individualised for each age-group/ gender. Points for each event, including 800m, will determine the overall Age Champion for each age division. The points accumulated for individuals competing in the Age Championship also contribute towards House Championship.

House Championship

Each participant will have multiple throws and jumps (Shot Put, High Jump and Long Jump). Points are allocated based on levels. Eg. Level 1 High Jump 10 Years Boys : 80cm = 1 point. Level 2 High Jump 10 Years Boys : 85cm = 2 points. Students accumulate House points for every successful jump or throw at each level.

Sprint heats are grouped based on timed runs during PE lessons in Term 2. Students will run with students with similar times to ensure close competition. Place ribbons will be awarded for 1st / 2nd / 3rd in these sprint heats. The fastest 8 runners for each age group/ gender will run in the sprint finals which will take place at the end of each event rotation. Relay races will also be scheduled if time permits.



Every student that participates in either the Age Championship or House Championship option will help accumulate points for their house.



Schedule of Events



Friday 11th June : 2.00 – 3.00pm



800m Finals. These are only for students who have pre-nominated.

Monday 14th June : 9.00 – 3.00pm

Rotation #1	 Year 3	Pit #1 Girls (Age Championship)	Pit #2 Boys (Age Championship)	Pit #3 (House Championship) (Prac)	
	 Year 4	Pit#1 Girls (Age Championship)	Pit#1 Boys (Age Championship)	Pit #2 (House Championship)	

Rotation #2	 Year 3	Pit #1 Girls (Age Championship)	Pit #2 Boys (Age Championship)	Pit #3 (House Championship)	
	 Year 4	Pit#1 Girls (Age Championship)	Pit#1 Boys (Age Championship)	Pit #2 (House Championship)	

Rotation #3	 Year 3	Sector #1 Girls (Age Championship)	Sector #2 Boys (Age Championship)	Sector #3 (House Championship)	
	 Year 4	Sprint Track			

Rotation #4	 Year 3	Sprint Track			
	 Year 4	Sector #1 Girls (Age Championship)	Sector #2 Boys (Age Championship)	Sector #3 (House Championship)	